



A NIGHT UNDER THE STARS

SLEEPOUT.

CHELMSFORD CATHEDRAL

FRIDAY 30 NOVEMBER 2018

REGISTRATION FROM 7.30PM

REGISTER NOW

VISIT WWW.CHESSHOMELESS.ORG/SLEEPOUT

Or **SIGN UP**
to Host your
own

CHESS Homeless

SUPPORTING HOMELESS SINGLE ADULTS

IN **CHELMSFORD & ESSEX**

WWW.CHESSHOMELESS.ORG/SLEEPOUT



Chess Homeless | Telephone: 01245 281104

Web: www.chesshomeless.org

Charity No 1093901 | Company Number 4407742

Registered address: 200 New London Road, Chelmsford, Essex, CM2 9AB





Press Release

Date: 25th September 2018

For Immediate Release

Join in the BIG Sleep Out

Local charity CHESS Homeless is asking the community of Essex to swap their duvet and grab a sleeping bag to experience a night out under the stars, by taking part in their Annual Sleep Out.

This year's event takes place on **Friday 30th November** from **7.30pm** in the grounds of Chelmsford Cathedral.

The charity is encouraging you, your friends, family and company to take on the challenge and help raise vital funds so they can continue supporting single homeless adults from Chelmsford and Essex.

And if you can't make the CHESS one then why not "Host Your Own Sleep Out" it's so simple you can even hold it in your own back garden.

Homeless is on the increase and can happen to anyone. CHESS believes that everyone should have a warm safe environment to stay, with meals, drinks and hygiene facilities along with the support they need to help them turn their lives around.

Lindsay Hurrell, CHESS Fundraiser says "Our Annual Sleep Out Event by no means replicates what it's like for someone who is homeless and sleeping rough. But it does give you an insight into what it's like: the damp, the cold and the struggle to carry on with minimal sleep. With homelessness on the increase and many of those being young adults, we really need the support of the community to help raise funds, so we can continue to support single homeless adults from Essex".

For further information and to register to take part visit www.chelmsfordchess.org/sleepout

Ends

Notes to Editor for more information contact Lindsay Hurrell, Chess Fundraiser 07468 523078 or 01245 281104.

Chess works to relieve homelessness and hardship amongst single adults in Chelmsford and Essex through the provision of support services and temporary accommodation. Chess provides a safe place to stay along with meals, drinks, hygiene and laundry facilities. However, for every fortunate person who receives our help there are many more that are still sleeping rough and living each day to the next. Not only does Chess provide a roof over their head for the night, they have a dedicated team of support staff who help individuals deal with the root of their problem and to get them back on their feet by helping them secure a permanent place to stay, look for work or gain qualifications.